

SGIS Digestive Health Programs: The Southern Adelaide IBD Service

What is the Southern Adelaide IBD Service?

The Southern Adelaide IBD Service is a joint service of Flinders Medical Centre, Repatriation General Hospital and the private specialist group SA and Southern Gastrointestinal Services (SGIS).

The SAIBD service comprises of an IBD patient data base, an IBD patient support network through specialist IBD nurses and an IBD research program, which participates in multi-centre research programs as well as initiating its own research.

All patients participating in the SAIBD Service will have their medical information placed in the SAIBD Service data base. This data base is pass word protected and is only accessible by the specialist IBD Nurses at Flinders Medical Centre and your specialist. The SAIBD Data base is used to perform audits of care, as a resource for IBD Nurses to use when counselling you and as a tool for epidemiological research into IBD. It is **not** accessible to outside organisations.

In 2008 the SAIBD Service, in conjunction with Freemantle, Royal Brisbane, The Brisbane Mater, Concord and Christchurch Hospitals formed the Australian and New Zealand IBD Consortium. This consortium aims to provide a framework for IBD research within Australia and New Zealand.

You have been entered in the SAIBD service as your specialist works as within the SGIS group practice and has referred you to this service.

Specialists within this group practice are based in 4 main locations – Flinders Private, Wakefield Hospital, Tennyson Centre and Western Community Hospital, but do visit other metropolitan and country locations

Who is SAIBD Service For?

SAIBD Service is for patients who have been diagnosed with Inflammatory Bowel Disease (IBD) – ie Ulcerative Colitis or Crohn's Disease .

What does the SAIBD Service Offer?

The SAIBD service provides:

- A framework for best care of patients with inflammatory bowel disease. It provides evidenced based guidelines for specialists and general practitioners for managing IBD
- A patient support group
- A 6 monthly newsletter informing patients about developments in IBD.
- Access to specialist IBD nurses
- Access to research trials of new therapies for IBD

How do I get into the Southern Adelaide IBD Service ?

You will be enrolled in the SAIBD if your specialist diagnoses you with IBD or if you have been referred to the service by outside specialists.

You **do not** have to live in southern Adelaide to join the SAIBD Service.

After your Enrolment

Your specialist will, in conjunction with your general practitioner, continue to be the primary provider of your care. Your details will be entered into the SAIBD Data Base, and you will receive the six monthly newsletter. You will then also be able to access the IBD Nurses who work in the service for counselling or for assistance.

The specialist IBD Nurses are:

Peta Leach (Mon – Fri)
ph 08 82045511(then page)
Clinical Nurse Co-ordinator, IBD Service
Flinders Medical Centre
Bedford Park SA 5042

Helen Lewis (Mon –Thur)
ph 08 82045511(then page)

Research Nurse, IBD Service
Flinders Medical Centre
Bedford Park SA 5042

Kerrie Moss (Mon, Tues: FMC;
Fri: Tennyson Centre)
ph 08 82045511(then page)
Or 8292 2370 (Fridays)
IBD Biologics Nurse
Flinders Medical Centre & Tennyson Centre
Bedford Park 5042

Research and Audit Activity

The SAIBD service does its data base to audit our practice to ensure we are delivering quality care to our patients. These audits maybe presented at scientific meetings and medical journals, all data presented is de-identified.

The SAIBD service does also participate in research studies. As you are enrolled in the data base you may be approached to participate in these studies. If you receive an offer to participate, please be assured that the study is being run by one of the medical staff within the SAIBD Service, that it has been approved by an appropriate ethics committee and that if you chose not to participate it will not affect, in anyway, your ongoing care from the SCOOP program and your specialist at SGIS.

Allied Paramedical Services

The following paramedical staff work with the SAIBD Service:

Dietetics	
Anne Schneyder	Tennyson Centre
Nick Wray	Flinders Private & Western
Psychology	
Melissa Oxlad	Tennyson Centre

SAIBD Service contact details

Please contact the SAIBD Service if you have any queries or questions:

Peta Leach ph 08 82045511(then page)
Clinical Nurse Co-ordinator, IBD Service
Flinders Medical Centre
Bedford Park SA 5042

Your specialist can be contacted on the following numbers:

<i>SGIS – Flinders Private</i>	<i>(08) 8276 9888</i>
Dr Elizabeth Chow	Dr Alex Rodgers
Dr Andrew Chew	Dr Alan Wigg
Dr Sam Edwards	

Tennyson Gastroenterology (08) 8292 2370
A/Prof Peter Bampton

<i>SGIS – Wakefield Clinic</i>	<i>(08) 8359 2411</i>
Dr Dylan Bartholomeusz	Dr Justin Bessell
A/Prof Chris Rayner	Dr Marc LeMire

Western Gastroenterology (08) 8235 1800
Dr Laurie Chitti Dr Mahinda De Silva
Dr Martin Tan

If you have questions on the research and/or audit activity of the SAIBD service then please contact:

A/Prof Peter Bampton (08) 8204 4964
Head of Luminal Gastroenterology

Dept of Gastroenterology and Hepatology
Flinders Medical Centre
Bedford Park SA 5042

Dr Laurie Chitti (08) 8204 4964
Senior Staff Gastroenterologist
Dept of Gastroenterology and Hepatology
Flinders Medical Centre
Bedford Park SA 5042

Dr Sam Edwards (08) 8204 4964
Senior Staff Gastroenterologist
Dept of Gastroenterology and Hepatology
Flinders Medical Centre
Bedford Park SA 5042

Ruth Prosser (08) 8204 5511
IBD Service Project Officer
Flinders Medical Centre
Bedford Park 5042

SAIBD Publications/Guides

1. Nutrition and IBD: *Nick Wray*
Patient Guide
2. Guidelines to the Management of IBD: *Dr Laurie Chitti*
Summarised Clinical Guideline
3. Guidelines to the Management of Iron Deficiency in IBD: *Dr Sam Edwards*
Clinical Guideline
4. Azathioprine Handbook: *Dr Sam Edwards*
Patient management tool

Further Information on Inflammatory Bowel Disease

www.acca.net.au

www.gesa.org.au

<http://digestive.niddk.nih.gov/ddiseases/pubs/crohns/>

www.ccfa.org